

#### **PURPOSE**

The purpose of this education program is to enhance the knowledge of Fertility *Care* Practitioners, nurses, physicians, other healthcare professionals, and clergy by addressing topics relevant to the Creighton Model Fertility *Care* System, NaProTECHNOLOGY, natural methods of fertility regulation, and allied fields. The program updates participants on current activities, research, and trends and focuses on future goals of Fertility *Care* Professionals.

- Participants will be able to describe how the Creighton Model Fertility *Care* System and NaProTECHNOLOGY can be used as an alternative medical intervention to artificial contraception and in vitro fertilization that can be used in women's healthcare and maintenance.
- Participants will be able to understand how the Creighton Model Fertility Care System and NaProTECHNOLOGY can be used for fertility regulation and in the diagnosis and treatment of various women's health issues.
- Participants will be able to incorporate knowledge from this meeting to best provide services and information within their scope of practice to women and couples by enhancing the client's overall health and understanding of their health and fertility.

AAFP CME - Application for CME credit has been filed with the American Academy of Family Physicians. (AMA/AAFP Equivalency: AAFP prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) $^{\text{TM}}$ .)

NURSES CNE- Continuing education contact hours TBD.

#### **SPONSORSHIP**

All Academy members in good standing have the opportunity to obtain sponsorship to offset the cost of their meeting expenses. Visit www.aafep.net for more information and deadline information.

#### HOW TO REGISTER

Visit www.aafcp.net to register and pay online.

To register by mail, send check and Registration Form to:

AAFCP c/o Michele Chambers 8315 South Cherrywood Drive Lincoln, NE 68510

#### **REGISTRATION DEADLINE IS JULY 1, 2019**

Reduced registration fees are applicable to Academy members in good standing and to those whose membership application is postmarked by April 1, 2019. Membership applications are available online. Contact <code>finance@aafcp.net</code> for more information.

#### CANCELLATION/REFUND POLICY

Cancellations made beyond 60 days will receive a full refund less a \$50 administration and credit card fees if applicable. Cancellations 30 days to 60 days prior to the conference receive a 50% refund. No refunds are available for cancellations within 30 days of the conference.

#### RECORDINGS

A set of recordings of the AAFCP Annual Meeting will be available for purchase. You are encouraged to pre-order with your registration or you may order on site. CDs will be shipped after the meeting.

#### LOCATION & ACCOMMODATIONS

#### NORMANDY FARM

A limited number of rooms are available at Normandy Farm.

Hotel Room rate is \$149 during the weekdays and \$169 for Friday and Saturday nights. Rates do not include tax. Rates guaranteed until the block is filled, no later than June 20, 2019.

To make a reservation, please log onto www.normandyfarm.com. Go to BOOK YOUR STAY. Click on ADD CODE. Select GROUP ATTENDEE from the drop-down menu. Enter Group Code - AAFCP.

PLEASE NOTE - The Normandy Farm on-line registration screen will show the rate of \$159/night which is the average rate/night. Upon check-in, the rates of \$149 and \$169 will be shown on your statement.

#### AIRPORT TRANSFER TO NORMANDY FARM

Transportation to/from Philadelphia International Airport is provided by Tropiano. Round trip Fare is \$63 cash or \$68 credit. Please make your reservation 5 days ahead of time by calling 215-352-3735.

#### REGISTRATION FORM • AAFCP 38TH ANNUAL MEETING

To register by mail, send check and Registration Form to: AAFCP c/o Michele Chambers 8315 South Cherrywood Drive, Lincoln, NE 68510

on your own, we will tour the magnificent Cathedral Basilica of Saints Peter and Paul, the mother church of the Archdiocese of Philadelphia built in 1846.

Visit www.aafcp.net to register and pay online.

#### **REGISTRATION DEADLINE IS JULY 1, 2019**

Name	REGISTRATION FEES
Organization	U.S. Dollars only   Includes July 17-20, 2019  PLEASE NOTE: Full Registration includes breakfast and lunch buffet each day, plus Closing Banquet on Saturday. Dinner on your own Wednesday, Thursday, & Friday,
Preferred Credentials  Address	Voting Members are the only Members that receive \$50 off Full Registration.
State Zip	EARLYBIRD REGISTRATION until 3/31/2019
*	○ Non-Physician Member
Telephone (work)	☐ Non-Physician Non-Member (#) x \$475 = \$
(cell)	Physician (#) x \$525 = \$
(home)	STANDARD REGISTRATION after 4/1/2019
Email	$\bigcirc$ Non-Physician Member (#) x \$475 = \$
Is this the first Annual Meeting you have attended?	Non-Physician Non-Member (#) x \$525 = \$
Yes No	Physician (#) x \$575 = \$
	ADDITIONAL FEES
Are you an Voting Member?  — Yes  — No	☐ Saturday only preregistered (#) x \$150 = \$ breakfast & lunch included
Check your membership status at aafcp.net/member-portal or contact membership@aafcp.net  Special dietary restrictions	Medical and Nursing Students Saturday only preregistered (#) x \$30 = \$  MUST COMPLETE SCHOLARSHIP APLLICATION FORM
dairy peanut/nut gluten allergy	breakfast & lunch included     Excursion:   Cradle of Liberty   (#) x \$40 = \$
	Guest Closing Banquet ticket (#) x \$55 = \$
	Complete Set of Meeting CDs (domestic order)  Voting Members (#) x \$50 = \$
	Members (#) x \$75 = \$
EXCURSION: CRADLE OF LIBERTY	Non-Members (#) x \$100 = \$
PLEASE NOTE: There is an additional \$40 charge for this off-site trip.	Complete Set of Meeting CDs (INTERNATIONAL order)
Join us as we discover the story of "We the People"	Voting Members (#) x \$65 = \$
and are inspired by the Constitution's legacy of freedom. We have arranged for a private	Members (#) x \$90 = \$ Non-Members (#) x \$115 = \$
after-public-hours visit to The National Constitution	
Center in "Center City" Philadelphia so that you	Total Registration fees: \$
may enjoy innovative and interactive exhibits, live performances, and activities for all ages. After dinner	Please accept my donation of:
performances, and activities for all ages. After diffiler	TOTAL: \$

#### LOCAL ATTRACTIONS

Approximate mileage is from Normandy Farm

Elmwood Zoo - 5 miles | www.elmwoodparkzoo.org

Plymouth Meeting Mall - 5 miles www.shopplymouthmeetingmall.com

Highland Mansion and Gardens - 5 miles

www.highlandshistorical.org

Maple Acres Farm Market - 5 miles

www.mapleacresfarmmarket.com

Legoland - 6 miles

www.philadelphia.legolanddiscoverycenter.com

Morris Arboretum - 8 miles | www.morrisarboretum.org

King of Prussia Mall - 10 miles www.simon.com/mall/king-of-prussia

Valley Forge National Historic Park - 12 miles

www.nps.gov/vafo/index.htm

Philadelphia Museums/Historic District - 23 miles www.visitphilly.com

Longwood Gardens - 27 miles | www.longwoodgardens.org

Sesame Place - 27 miles | www.sesameplace.com

Washington Crossing Historic Park - 34 miles

www.washingtoncrossingpark.org

Dorney Park - 40 miles | www.dorneypark.com

Lancaster County attractions - 60 miles

www.lancasterpa.com

Hershey Park - 90 miles | www.hersheypark.com

#### **AGENDA**

Goals and Objectives are listed under each presentation.

#### WEDNESDAY, JULY 17, 2019

5-6:30 p.m. REGISTRATION

Pre-Function Area

7-7:30 p.m. WELCOME REMARKS

AND PROGRAM OVERVIEW

Theresa Schortgen, RN, CFCE President, American Academy of

Fertility Care Professionals

Grand Ball Room

7:30-8:30 p.m. KEYNOTE ADDRESS

The Most Reverend John J. McIntyre, DD, VG

Grand Ball Room

• Encourage the work of Fertility Care and

NaProTECHNOLOGY

9-11 p.m. OPENING RECEPTION

Silos Ball Room

9 p.m.-12 a.m. NETWORKING

Farmer's Daughter Restaurant

#### THURSDAY, JULY 18, 2019

7-7:30 a.m. MASS

Buchanan Room

7:30-8:30 a.m. BREAKFAST

Silos Ball Room

8-8:30 a.m. REGISTRATION

Pre-Function Area

8:30-9:30 a.m. ENDOMETRIOSIS AND FERTILITY

Faith Daggs, MD, CFCMC

Grand Ball Room

• Identify what endometriosis is and its impact on fertility.

• Discuss chart patterns and biomarkers associated with endometriosis

• Review diagnostic and treatment options for endometriosis

9:30-10:30 a.m. ADOPTION IS A LOVING OPTION

Maria Malone

Grand Ball Room

 Demonstrate that adopting is a loving and a viable option for couples struggling with infertility

• Explain domestic infant adoption and the process of adopting children in the U.S.

• Understand open adoption through shared personal experience and personal stories

Goals and Objectives are listed under each presentation.

10:30-10:45 a.m. BREAK

10:45-11:45 a.m. PREGNANCY EVALUATIONS

Diane Daly, RN, CFCE & Kathy Rivet BS, CFCE Grand Ball Room

- Identify the need for Pregnancy Evaluations
- Review proper documentation for Pregnancy Evaluations
- Review the importance of professionalism

11:45-1:45 p.m. LUNCH

**EXHIBITS & NETWORKING** 

Silos Ball Room

11:45-1:45 p.m. EDUCATION PROGRAM DIRECTORS LUNCHEON (by invitation)

Alia Keys, BA, CFCE

Madison Ball Room

- Review Creighton Model Core Curriculum
- Discuss the implementation of Curriculum in individual Education Programs
- Discuss strategies for increased student retention and support

1:45-2:45 p.m. THE ADVERSE EFFECTS OF PORNOGRAPHY USE ON OUR

CULTURE AND HOW NATURAL FAMILY PLANNING (NFP) CAN HELP **CORRECT THIS** 

Peter Kleponis, Ph.D

Grand Ball Room

- Understand the scope of the pornography epidemic in America: How it is adversely affecting people, couples and families
- Understand how widespread use of artificial contraceptives has contributed to the pornography epidemic and vice versa
- Understand how education and NFP can help counteract the effects of the pornographic epidemic in America

2:45-3:45 p.m. SCIENCE AND RESEARCH FORUM

Robert Chasuk, MD, CFCMC

Grand Ball Room

- Discuss current research in the area of natural fertility regulation
- Analyze current research in light of the ethics, standards, and principles of NaProTECHNOLOGY

3:45-4 p.m. **BREAK** 

4-5 p.m. **BUSINESS MEETING** 

Grand Ball Room

MEET THE CANDIDATES 5-5:30 p.m.

Grand Ball Room

5:30-8:30 p.m. DINNER ON YOUR OWN

8:30-9:30 p.m. FCCA RECEPTION (by Invitation)

Silos Ball Room

9:30 p.m.-12 a.m. NETWORKING

Farmer's Daughter Restaurant

FRIDAY, JULY 19, 2019

7-7:30 a.m. **MASS** 

Buchanan Room

7:30-8:30 a.m. BREAKFAST

Silos Ball Room

8:30-9:30 a.m. THE AFRICAN EXPERIENCE

> OF THE MISSION OF THE **CREIGHTON MODEL SYSTEM** AND NAPROTECHNOLOGY IN PROCREATIVE AND FAMILY HEALTH

Henrietta Williams MD, CFCMC, FCP, BA Divinity Buchanan Room

- Understanding the missionary nature of the practice of the CrMS and NPT in adversity
- Discuss the impact of engaging government and policy makers to include CrMS and NPT in NFP Curriculum for the medical community
- Discuss reach out and create awareness among the medical community about the science and effectiveness of CrMS

9:30-10:30 a.m. WHOLE HEARTED - MARRIAGE AND THE RADICAL DEMANDS OF LOVE

Damon Owens

Grand Ball Room

- Review what marriage is
- Discuss the benefits for married couples using NFP.
- Explore how to help couples love with their whole heart, for lifelong, joy-filled marriages

10:30-10:45 a.m. BREAK

Goals and Objectives are listed under each presentation.

#### FRIDAY, JULY 19, 2019 continued

# 10:45-11:45 a.m. NON-CLASSICAL ADRENAL GLAND HYPERPLASIA: AN EXAMPLE OF INTEGRATION OF FAMILY MEDICINE AND NAPROTECHNOLOGY

David Wachs, MD, CFCP, CFCMC Grand Ball Room

- Review how Family Practice can be involved in complex hormonal issues
- Understand the interaction of the Medical Consultant and the Fertility *Care* Practitioner
- Discuss the CrM charting patterns that Adrenal Gland Hyperplasia can present
- Explain the pathophysiology and NaProTECHNOLOGY management of Adrenal Gland Hyperplasia

## 11:45-1 p.m. LUNCHEON THE SISTERS OF LIFE APPROACH: DELIGHTING IN THE OTHER

Sr. Mary Elizabeth Wusinich, SV Grand Ball Room

- Explain person-centered attentive listening based on Pope John Paul II's personalism and the writings of Dr. Conrad Baars
- Understand the approach the Sisters of Life employ in their work with women
- Review case studies of how this approach effects change in people's lives
- Understand how to integrate this approach in daily life and practice

#### 1-1:15 p.m. BREAK

#### 1:15-2:30 p.m. BREAKOUT SESSIONS

## A. Medical Consultant Creighton Model Q & A

Thomas W. Hilgers, MD, CFCMC, CFCE Grand Ball Room

- Provide an opportunity for physicians and other medical professionals to discuss specific issues involving the Creighton Model Fertility Care System and NaProTECHNOLOGY
- Explore various applications and treatments using NaProTECHNOLOGY

## B. Fertility *Care* Practitioners/ Instructors Round Table – Yellow Stamps and Other Topics

Becky Knapp, RN, BSN, CFCP. CFCE Silos Ball Room

- Review criteria of CrM chart management and scientific foundation
- Discuss advanced case management issues including yellow stamp use

3:30-10 p.m. EXCURSION: CRADLE OF LIBERTY

Optional - advance ticket purchase required

5:30 p.m. DINNER ON YOUR OWN

9 p.m.-12 a.m. NETWORKING

Farmer's Daughter Restaurant

#### SATURDAY, JULY 20, 2019

7-8:30 a.m. ONE-DAY CONFERENCE

REGISTRATION

Pre-Function Area

7:30-8:30 a.m. BREAKFAST

Silos Ball Room

8:30-9:30 a.m. REPRODUCTIVE AND

PERICONCEPTIONAL HEALTH IMPACTS AN ENTIRE LIFETIME, AND FUTURE GENERATIONS

Joseph Stanford, MD, CFCMC

Grand Ball Room

- Review lifestyle impacts on health during pregnancy and for a woman's entire life
- Discuss how the mother's health status impacts future generations

Goals and Objectives are listed under each presentation.

#### SATURDAY, JULY 20, 2019 continued

#### 9:30-10:30 a.m. UNUSUAL BLEEDING

Dorice Millar RN, CFCE Faith Daggs, MD, CFCMC Grand Ball Room

- Identify normal bleeding patterns and unusual bleeding patterns
- Review charts demonstrating unusual bleeding
- Discuss diagnostic and treatment options for unusual bleeding

#### 10:30-10:45 a.m. BREAK

## 10:45-11:45 a.m. NOW WHAT? NAVIGATING THE PERIMENOPAUSE

Jean Golden-Tevald, DO, CFCMC, FCP. IFMCP

Grand Ball Room

- Understand the underlying physiology that drives the changes in the fertility cycle as women enter their 40s and 50s
- Identify applications for NaProTECHNOLOGY to women's various goals in the perimenopausal years
- Identify the role of the Creighton Model Fertility Care System in monitoring gynecologic health during perimenopause

#### 11:45-1 p.m. LUNCHEON

### CFCP, CFCMC, AND YOUR DIOCESE - TOGETHER HEALING THE CULTURE!

Paul Carpentier, MD Grand Ball Room

- Through real-life examples, experience the depth of confusion in our current culture
- Learn ways that your Fertility *Care* team can associate with the diocesan efforts to help heal the culture
- Appreciate the insight and support that you bring to your community, and how your witness is critical to the success of other community efforts

#### 1-2 p.m.

#### PROGESTERONE MONITORING IN PREGNANCY AND/OR RECURRENT PREGNANCY LOSS

Christine Hemphill, MD, CFCMC Grand Ball Room

- Discuss the NaPro Progesterone monitoring protocol and how to implement the protocol appropriately
- Discuss the NaPro Preterm Labor Prevention Protocol and how to implement the protocol appropriately
- Review both largely accepted and controversial recurrent pregnancy loss workup and treatment approaches

#### 2-3 p.m.

#### USE EFFECTIVENESS STUDIES: THE CREIGHTON MODEL FERTILITY CARE SYSTEM

Thomas W. Hilgers, MD, CFCMC, CFCE Grand Ball Room

- Review studies on various methods of family planning, including the Creighton Model Fertility *Care* System
- Discuss why comparing studies on contraceptives with those on the Fertility Care System is like comparing apples to oranges
- Review how the Fertility *Care* system can be used to avoid or achieve a pregnancy as well as to monitor and maintain a woman's gynecologic and reproductive health

### 3-3:15 p.m. BREAK

3:15-4:15 p.m. BUSINESS MEETING

Buchanan Room

5-6 p.m. CLOSING MASS

Blue Bell Country Club

6-9 p.m. COCKTAILS, CLOSING BANQUET &

PRESENTATION OF AWARDS

Blue Bell Country Club

9 p.m.-12 a.m. NETWORKING

Farmer's Daughter Restaurant

PAUL CARPENTIER, MD, CFCMC is a former president of the AAFCP and one of the first family physicians trained in NaProTECHNOLOGY. Dr. Carpentier is currently medical director of the Gianna Center for Women's Health and Fertility on Long Island, New York. He also serves on the Healthcare Policy Committee of the Catholic Medical Association and the Board of Directors of the International Institute for Restorative Reproductive Medicine. Recruited to Long Island by the Catholic Diocese of Rockville Centre, he and his team of Fertility Care Practitioners shine a guiding light for the people of Long Island and serve as a safe haven for expectant moms and a pro-life, Catholic, second medical opinion for so many cultural dilemmas of our current age.

ROBERT CHASUK, MD, CFCMC is the Associate Director of the Family Medicine Residency Program at the Baton Rouge General Medical Center where he has practiced for the last 22 years. He is a Clinical Associate Professor of Family and Community Medicine for Tulane University School of Medicine. He attended medical school at the University of California at San Diego and completed his Family Medicine residency training at the State University of New York at Stony Brook. He is accredited as a Certified Fertility Care Medical Consultant by the American Academy of Fertility Care Professionals since 2004, and received the Outstanding Medical Consultant Award from the Academy in 2017.

FAITH DAGGS, MD, CFCMC is an OB/GYN at the Center for Women's Health in Camp Hill, PA, specializing in the applications of medical and surgical NaProTECHNOLOGY. She assisted in the development of the Chastity in Formation program for the Diocese of Harrisburg and is a Medical Consultant for the Morning Star Pregnancy Services in Harrisburg. In addition, Dr. Daggs is a frequent speaker on pro-life, chastity, marriage, abstinence, and Theology of the Body.

**K. DIANE DALY, RN, CFCE** is a wife, mother, grandmother, co-founder of the Creighton Model Fertility *Care* System, co-founder of the Department of Fertility *Care* Services, Mercy Hospital St. Louis, Director of the Archdiocese of St. Louis Office of NFP, and senior faculty member of the Pope Paul VI Institute Education Program. She has served as Faculty for independent education programs, the first President of the AAFCP, and Vice President of Fertility *Care* Centers International and Fertility *Care* Centers of America.

**JEAN GOLDEN-TEVALD, DO CFCMC, FCP** is board certified in Family Medicine, certified in Functional Medicine and a Certified Fertility *Care* Medical Consultant. She is a past president of the Academy and is currently in private practice in Clinton, NJ. She is passionate about NaPro and is excited to share her experience with women in perimenopause.

CHRISTINE CIMO HEMPHILL, MD, CFCMC, FCI is a wife and mother of four. She completed the St. John Paul the Great Fellowship in Medical & Surgical NaProTECHOLOGY after completing her residency in OB/GYN at East Carolina University in Greenville, NC. She earned her medical degree at the Medical University of South Carolina and her undergraduate degree at the University of South Carolina. She is currently practicing at Geisinger Holy Spirit OB/GYN in Camp Hill, PA. She has an additional interest in the medical approaches of Functional Medicine and loves being in the operating room and teaching.

THOMAS HILGERS, MD, CFCMC, CFCE is an OB/GYN specializing in Reproductive Medicine and Surgery and Founder/Director of Pope Paul VI Institute for the Study of Human Reproduction in Omaha, NE. He is a co-founder of the Creighton Model Fertility Care System and Developer of NaProTECHNOLOGY. He is the author of the textbook, The Medical and Surgical Practice of NaProTECHNOLOGY and a book for the lay public, The NaProTECHNOLOGY Revolution: Unleashing the Power in a Woman's Cycle. He is also the founder of the American Academy of Fertility Care Professionals, Fertility Care Centers of America and Centers International. He is President of Fertility Care Centers International. Dr. Hilgers has received seven awards for research, three honorary doctorates and fifteen special recognition awards. He and his wife, Susan Hilgers are the parents of four sons and one daughter.

**ALIA KEYS, BA, CFCE** has taught the Creighton Model system since 2003. She is currently the director of the Mercy Fertility *Care* Services Practitioner Education Program in St. Louis, MO and serves on faculty with the Pope Paul VI Institute Education Programs in Omaha and Mexico City. Alia lives in St. Louis, MO with her wonderful husband, Tim, and their five children.

**PETER KLEPONIS, PHD** is a Licensed Clinical Therapist and Assistant Director of Comprehensive Counseling Services in Conshohocken, PA. With over 20 years of professional experience, Dr. Kleponis is a nationally renowned Catholic expert on the treatment of pornography and sexual addictions. He has helped thousands of individuals, couples, and families recover from the effects of pornography addiction. Dr. Kleponis is a founder of the successful Integrity Starts Here! recovery program for pornography addiction. He is also co-founder of Integrity Restored.com, an organization dedicated to educating Catholics on the dangers of pornography and on ways to protect families. He travels extensively throughout the U.S. and abroad educating people on how to win the battle against pornography through his Fighting Porn in Our Culture...and Winning! conference program. He has presented conferences to numerous dioceses, colleges, seminaries, religious communities, men's ministries, parent's groups, and other Catholic organizations. Dr. Kleponis has been a guest on EWTN television programs such as Women of Grace, Franciscan University Presents, Crossing the Goal, At Home with Jim & Joy, and EWTN Bookmark. He is a regular guest on Relevant Radio's Morning Air program and contributes articles to Those Catholic Men. org. He is the author of five books: The Pornography Epidemic: A Catholic Approach (2012, Simon Peter Press), Integrity Restored: Helping Catholics Win the Battle Against Pornography (2014, Emmaus Road Publishing), Integrity Starts Here: A Catholic Approach to Restoring Sexual Integrity (2016, Outskirts Press), Restoring Trust: A Couple's Guide to Getting Past Porn (2018, Our Sunday Visitor), and Revealed: Uncovering the Truth about Pornography (2018 Stewardship Mission). Dr. Kleponis resides in Phoenixville, PA with his wife, Maria, and their sons, John and Matthew. He can be contacted at 610-397-0960, pklepon91@aol.com, and at www.PeterKleponis.com.

MARIA MALONE is an adoption speaker, educator, and advocate. She became the mother of three children through the gift of domestic adoption after she and her husband struggled with infertility. Maria facilitates an adoption support group for adoptive families and is the co-founder of Adoption is a Loving Option. Maria founded AIALO to educate others on the beauty and power of adoption and to dispel the myths and misconceptions about adoption.

**THE MOST REVEREND JOHN J. MCINTYRE, D.D., V.G.** is Titular Bishop of Bononia and Auxiliary to the Archbishop of Philadelphia. Ordained on May 16, 1992, and consecrated as Bishop on August 6, 2010.

DORICE MILLAR, RN, CFCE, CPPM is a mother of nine children and recently became a grandmother for the first time. Her passion for women, children, and promotion of the family has extended into her professional work. After joining Holy Spirit Health System (Camp Hill, PA) in 2005, she established and coordinated Spirit Fertility *Care* Services until August of 2011 when she took on an expanded role as the Practice Manager for Holy Spirit OB/GYN. In addition, she established the Holy Spirit Creighton Model Allied Health Education Program in 2008 and continues to serve as the Director of this program.

**DAMON OWENS**, an international speaker and evangelist, is the founder and executive director of joytob "Joy To Be" a 501(c)(3) non-profit ministry of Stewardship: A Mission of Faith. Following four years as the first executive director of the Theology of the Body Institute and serving as Chairman of the 2016 International Theology of the Body Congress, Damon founded joytob to encourage and educate couples to understand and live marriage and family life with joy through St. John Paul II's Theology of the Body. He previously founded Joy-Filled Marriage New Jersey and New Jersey Natural Family Planning Association, served as Natural Family Planning Coordinator for the Archdiocese of Newark NJ, and taught NFP for 14 years with his wife Melanie. A Certified Speaker for the Theology of the Body Institute, presenter at the 2015 World Meeting of Families, and the 2017 USCCB Convocation of Catholic Leaders, Damon keeps a full international speaking schedule at conferences, seminars, universities, high schools, seminaries, and parishes on the good news of marriage, sexuality, Theology of the Body, Theology of the Family, adoption, and NFP. In 2018, Pope Francis honored Damon with his Benemerenti Medal in recognition for his work in support of marriage and family. Damon lives outside Philadelphia with his wife Melanie and their eight children. Damon has published numerous articles, appeared on many radio and television programs (EWTN, Catholic Answers, Ave Maria, Relevant Radio, Immaculate Heart Radio, ABC World News Tonight, CBS News, NPR), and has hosted and produced three 13-part television series for EWTN. He is also an accomplished gospel singer honored with a solo during the 1995 NJ Papal Mass at Giants Stadium presided by Pope St. John Paul II.

**KATHY RIVET, BS, CFCE** is a member of the Incorporating Board: American Academy of Fertility*Care* Professionals. She also serves as Director of Marguerite d'Youville Fertility*Care* Services in Manchester, New Hampshire and the Education Program Director of Marguerite d'Youville Fertility*Care* Practitioner Education Program. Kathy is a faculty member of Pope Paul VI Institute in Omaha, Nebraska.

JOSEPH STANFORD, MD, MSPH, CFCMC is a professor in the Department of Family and Preventive Medicine and adjunct professor in the Departments of Obstetrics and Gynecology and Pediatrics at the University of Utah School of Medicine in Salt Lake City. He is a Fellow of the American Academy of Family Physicians. He has been the principal investigator for several studies based on the Creighton Model Fertility Care System and has published many peer-reviewed papers based on Creighton Model data. Dr. Stanford is a past president of the American Academy of Fertility Care Professionals and a board member of the International Institute of Restorative Reproductive Medicine. He has served on United States scientific advisory committees for the NICHD (National Institute of Child Health and Human Development) and the FDA (Food and Drug Administration). Dr. Stanford is the recipient of several honors, including the annual research paper award given by the American Academy of Fertility Care Professionals.

HENRIETTA WILLIAMS, MD, CFCMC is the current President of the Association of Catholic Medical Practitioners of Nigeria (ACMPN). She is the first African Certified Fertility Care Medical Consultant in the new Women's Health Science called NaProTECHNOLOGY which provides Creighton Model natural family planning and infertility and also a Fertility Care Practitioner. She holds a Bachelor of Arts degree in Theology, and a diploma in Management from the Lagos Business School. Her passion in life is integrating the harmonious unity of faith into medical science to provide holistic and culturally acceptable medical services that will improve the quality of life of African women and their families. She is the Nigerian Program Director for the postgraduate training of doctors and midwives in NaProTECHNOLOGY, and the founder of MLE foundation, a United Nations Registered NGO of the Committee for The Status of Women which is committed to providing free natural family planning and safe motherhood services to women at the grassroots level to reduce the number of women dying in childbirth. She has received several awards including The Award of Excellence by the World Union of Catholic Women's Organization. She is the author of the book, RESPONSIBLE PARENTHOOD. She is married to Chief Ladi Rotimi-Williams S.A.N., and they have 4 children and 3 grandsons.

DAVID WACHS, MD, CFCP, CFCMC started practicing medicine in Aberdeen in June of 1985. He is a member of the American Academy of Family Physicians, certified in Family Medicine in 1984. An Aberdeen native, Dr. Wachs received a Bachelor of Arts degree from Northern State University. He was awarded a Doctor of Medicine Degree from the University of South Dakota School of Medicine. There he was elected to the Medical Honor Society, Alpha Omega Alpha. His internship and residency in Family Medicine was completed at the University of North Dakota Family Practice in Bismarck, North Dakota. Dr. Wachs is a Certified Fertility Care Medical Consultant and a Certified Fertility Care Practioner. He helped co-found Avera St. Luke's Fertility Care Services with his wife Marilyn, a Certified Fertility Care Practitioner. Dr. Wachs and Marilyn have seven children.

SISTER MARY ELIZABETH WUSINICH, SV is the Vicar General for the Sisters of Life, a contemplative/apostolic community, founded in 1991 by John Cardinal O'Connor, whose primary purpose is prayer on behalf of vulnerable human life. The community has apostolates serving pregnant women, evangelizing on God's plan for life and love, serving on campus ministries, a Hope and Healing mission serving those suffering after abortion and running Villa Maria Guadalupe, a Retreat Center. The community currently numbers over 100 members with convents in NY, CT, DC, Philadelphia, Denver and Toronto, Canada. After completing studies in Theology from Franciscan University of Steubenville, Sister Mary Elizabeth entered the Sisters of Life in 1993. She has served as a Formation Director for the community and was the Director of the Family Life-Respect Life Office for the Archdiocese of New York.