



[www.sidewalkservantsphilly.com](http://www.sidewalkservantsphilly.com)



[www.prolifeunion.org](http://www.prolifeunion.org)

## Sidewalk Servant Practices and Information

### Practical Tips

#### What to Wear

- Dress according to the weather: if it's cold, be prepared with mittens, hand warmers, socks, thermals. If it's hot, bring water, a hat and stay in the shade. If it's raining, don't forget your umbrella.
- Don't wear things that will scare others away from you. Don't wear signs or carry pictures that might scare others away from you. Be approachable.

#### How to Act

- Speak in a calm, loving voice. Never yell, curse or get into arguments with people. Our job is to be there to LOVE and to PRAY.
- Say loving, respectful things.
- If someone is unkind to you, let it go. Pray for them, turn the other cheek. If you must respond, respond with love.
- Don't spend your time there socializing. While you are there, focus yourself in deep prayer. Really take that hour to add your prayers into the spiritual battle. If you are not speaking with someone going in and out of the center, pray, pray and pray some more.
- Keep your phone with you and know that you can always call Pat Stanton (267-718-4851) or Monique Ruberu (469-231-9084) if you have questions during your time there.
- If the officers are there, be nice to them. They have told us over and over that they are praying in their cars for an end to abortion. Thank them for being there to protect us.
- If you get the chance to speak to someone, acknowledge the difficult position they are in and let them know YOU can help.

#### DO NOTS

- Do not try and cross over the property line of the abortion center. We may be on the public sidewalk.

- Do not use any derogatory language toward anyone in or around the abortion center.
- Do not hit anyone.
- Do not yell at anyone.
- Do not come if you are angry.
- Do not bring your own signs. We will provide a sign and brochures for the event.

### **What to Say**

“Hi, my name is \_\_\_\_\_. I’m here as a part of the peaceful sidewalk outreach to let you know that we have some great resources that will give you support and hope today!”

“This is for you!” (Give pamphlet/blessing bag to them.)

“Can you share with me why you are coming there today so I can give you the best resources for you?”

Abortion – “We have a women’s center that can provide you with free ultrasound and a pregnancy test to date your pregnancy.”

12<sup>th</sup> & Locust - “Instead of paying for it inside, can I take you there?”

777 Appletree- “Can I arrange a free taxi to get you there?”

Contraceptives, Annuals, Problem Visits –

“You know, if you google Philadelphia Health Centers on your phone, there are lots of centers that provide all of those services for the same price or less than here and they don’t do abortions there. Do you know they kill thousands of babies a year here? There is a center on Spring Garden Street. We can call and see if they can get you in now.

### **What to Offer**

#### **1. If the woman has no money, tell her:**

- Abortion costs money. Save that money and use it for something else.
- Choosing this will harm you physically (breast cancer, depression, anxiety, infertility, miscarriage, death).
- You can decide down the road if you want to parent. Just give yourself 24 hours to hear about all of your options.

#### **2. If the woman is in abusive relationship, tell her:**

- The baby isn’t abusing you. Dump the man, keep the baby, we can help you.

- It's not the baby that is the problem. It's the situation you are in.
- You are a beautiful, amazing, wonderfully made woman. You deserve to be loved, cherished and honored. An abusive man will never do that for you. Don't let his bad choices push you to make a choice you can't take back.
- We can help you find a safe place to stay with your children.

**3. If the woman needs to have an abortion to finish school, tell her:**

- If you need a place to stay, we can help you.
- Yes, it is challenging, but you can do this! We can help you make your plan and choose both.
- Choosing to end your pregnancy will hurt you physically, mentally and your future fertility.
- Many women have kept their babies and finished school. We will find you people to help you. You can decide later if you want to parent.

**4. If the baby has a medical problem, tell her:**

- None of us are perfect. We may look normal on the outside, but inside we have a million different medical problems.
- Women who have chosen to let their babies live out their lives, have the time to grieve them knowing they did NOTHING but love them every moment of their lives.
- There are perinatal hospice programs if the baby is really ill – places where the baby is kept comfortable until it passes naturally. You aren't harming the baby, only loving it.
- 90% of Downs Syndrome babies are aborted. Yet they are the light of the world.

**5. If the mom has a medical problem, tell her:**

- The high-risk doctors can monitor you and the baby, take the baby as far along as possible and then deliver. This will allow the baby a chance and protect you as well.
- Having the abortion will increase your risk of future premature delivery, breast cancer and depression/anxiety.

**6. If the baby is evidence of an affair, tell her:**

- Abortion is not going to help you stay together. If he cheated on her, he's going to cheat on you. Don't dump the baby, dump the guy.

**7. If the woman is unable to care for the baby because she has other children, tell her:**

- God must think you are such a terrific mother to give you another baby. This is a sibling for your children and may be the one that bless you the most.

## **8. If the woman is afraid to be alone, tell her:**

- You are not alone. We can provide you with community. We will throw you a baby shower.

## **Medical Facts About Abortion**

### **Fetal Development**

- Fertilization – Genetic makeup is complete and unrepeatable.
- 3-4 weeks – Heart and blood vessels are developing. Lungs, stomach and liver are starting to develop.
- 6 weeks – Heart is beating, brain is starting to develop.
- 8 weeks – Eyelids and ears are forming. Arms and legs are formed. Internal organs are present and functioning.
- 9 weeks – The baby has fingerprints and is sucking its thumb
- 10 weeks – The baby has fingernails and toenails
- 12 weeks – End of the 1<sup>st</sup> trimester. Baby begins kicking.
- 18 weeks – The baby can feel pain.
- 22 weeks – Earliest chance of survival.

### **How Abortions Are Performed (youtube Anthony Levatino/Live Action)**

- Medical (RU486)
- Vacuum Aspiration
- D & E (Dilation & Evacuation)
- Saline
- Induction after KCL (potassium chloride)

### **Side Effects**

- Breast Cancer
- Depression/Anxiety
- Suicide
- Pre-Term Delivery/Cervical Incompetence
- Death

### **A Good Resource**

We recommend the movie “Hush,” available on Amazon Prime and other streaming services. It is a pro-choice woman’s investigative documentary into the cover-up of abortions harmful effects. [hushfilm.com](http://hushfilm.com)

### **Abortion Centers**

777 Appletree (Philadelphia Women’s Center)

Hours – Tuesday through Saturday, 7 a.m. to 3 p.m.

If less than 20 weeks – Counseling is on phone. One day visit.

If more than 20 weeks – Two-day procedure. Laminaria on 1<sup>st</sup> day. Abortion on 2<sup>nd</sup>.

12<sup>th</sup> & Locust (Planned Parenthood)

Hours

Monday – 7:30 a.m. to 6 p.m.

Tuesday – 7:30 a.m. to 6 p.m.

Wednesday – 7:30 a.m. to 6 p.m. (abortions)

Thursday – 7:30 a.m. to 6 p.m. (abortions)

Friday – 7:30 a.m. to 2 p.m. (abortions)

Saturday – 7:30 a.m. to 2 p.m. (abortions)

Abortion Pill every day

Abortions at 5 to 15.5 weeks – info session 24 hours before